

Hemorrhagic Fever Preparedness: For Staff

Basic principles:

Wash your hands

Do not touch your face (eyes, nose, or mouth) or open cuts

Avoid sick persons who look sick, especially if actively coughing, vomiting, or having diarrhea

Send sick persons to the local/nearest medical facility

Hand Washing:

What: Wash with [0.05% chlorine](#) or [soap solution](#)

How: [For 30 seconds, washing all spots on the hands](#)

When: When entering and exiting facilities/buildings, before/after going to the toilet, before/after eating, and any time you may touch your eyes, nose, or mouth.

Do not touch!

Germs come in through your eyes, nose, and mouth, as well as cuts. Do not touch these if you can help it and only if you have vigorously washed your hands.



Sick Persons:

1. Avoid touching or coming close to sick persons. [Common symptoms of hemorrhagic fever: fever, coughing, vomiting, and diarrhea.](#)
2. Refer them to the nearest medical facility.

