CORONAVIRUS

Reduce your risk of coronavirus infection:
- Clean hands with soap and water or alcohol-based hand rub
- Cover nose and mouth when coughing and sneezing with tissue or flexed elbow
- Avoid close contact with anyone with cold or flu-like symptoms
- Thoroughly cook meat and eggs
- Avoid unprotected contact with live wild or farm animals

Protect yourself and others from getting sick
Wash your hands:
- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste

Wash your hands
Wash your hands with soap and running water when hands are visibly dirty.

If your hands are not visibly dirty, wash them with soap and water or use an alcohol-based hand cleanser.

Protect others from getting sick
Cover mouth and nose with tissue, sleeve or elbow when coughing or sneezing.

Throw tissue into closed bin after use.

Clean hands after coughing or sneezing and when caring for the sick.

Protect yourself from getting sick
Avoid unprotected contact with sick people (including touching one’s eyes, nose or mouth) and with live farm or wild animals.

Shopping in wet markets?
Stay healthy!
Wash hands with soap and water after touching animals and animal products.

Avoid touching eyes, nose and mouth.

Avoid contact with sick animals and spoiled meat.

Avoid contact with stray animals, waste and fluids in market.